

## **Suggested Packing List**

### **Empower Camp 2025**

- 5 sets of clothes (pants, shirts, socks, underclothes)
- Pajamas
- Light jacket or sweatshirt
- Swimsuit
- Tennis/Athletic shoes for walking and traveling in the community
- Toiletry items (deodorant, toothbrush/toothpaste, soap/body wash, shampoo, comb/brush, feminine hygiene products).
- Snacks -optional (WSSB encourages students to bring healthy snacks that will be kept in their assigned snack drawers)
- A labeled reusable water bottle
- White cane for orientation and mobility
- Medications (which will go to our nurses in the health center)
- Optional - Tools for accessibility (ex. Video magnifier, assistive technology); cell phone use will be limited for campers